



WonderPlay

Life Coaching

Elizabeth Emiko Tuazon
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At first glance, Elizabeth Tuazon's resume reads like a passionate performing artist and teacher. Another equally present theme is that her significant or notable achievements have formed her into an excellent and accomplished leader in the arts. In school, Elizabeth served as section leader of bands and choirs, assistant director of musicals, soloist, and accompanist for recitals and concerts. It takes no great leap to imagine her embracing her role as counselor and soloist for two tours of an international youth symphony orchestra, and a decade serving as both a music teacher in the public schools and a non-equity musical theater director.

Elizabeth has taught dance with her partner Curtis since 2012, sharing her love of movement exploration with local, regional, and national audiences. In 2013, she began her journey on the competitive pole dance circuit, with the goal of exploring and expressing her body's capabilities, encouraging people to be in touch with their sexuality, and creating art on regional and national stages.

Elizabeth has found her life transformed by coaching, and she is fully invested in coaching artists as her next big venture in leadership with the creative community. She formed WonderPlay Coaching after beginning training with Accomplishment Coaching in 2017, and she is excited to continue supporting the creation of breakthroughs with powerful artists. She co-founded The Sacred Circus, LLC with her husband Ryan and their partner Adeoye, which leads its first Total Wellness Retreat in Costa Rica in early 2018.